

A New Year, A New Opportunity

Donna Daisy shares the efforts of those leading the way to a brighter, more sustainable future and how you can get involved.

Two years ago, in November of 2009, I attended a Hay House Publishing “I Can Do It” Conference in Tampa, Florida. During the conference I listened to one after another of my favorite speakers talk about the extent to which our world is out of balance, and how the very future of our civilization would be molded by the ideals, words and actions of each person living today.

I returned from the conference with a fire in my belly that has inspired and informed my own research, writing and speaking over these last two years. A part of the fuel for that fire was the recognition that we are living in a time of great challenge and of great opportunity. The challenge is an urgent global crisis that calls to us to learn to live sustainably, in gratitude and harmony with one another. The opportunity is that, unlike civilizations before us that ultimately crumbled and fell, we are recognizing that we can either destroy ourselves by our own actions, or we can aspire to and live from a conscious, collective vision for the future of our planet.

If you are like I am, you recognize that there are many changes we need to make as a civilization. You may also feel inspired to make your own contribution to the conscious evolution of our planet. But where do I start? And what does “conscious evolution” mean, anyway?

It means that we are at a choice-point in the evolution of our civilization. We can consciously make choices that will support a new, sustainable way of

living together on this planet as we move forward, or we can continue in old ways that are no longer working. Conscious evolution means that every minute of every hour of every day we consciously and wisely choose the thoughts we allow in our heads, the words that come from our mouths, and the actions that we take in every circumstance of our personal and professional lives.

Recently, at a movie theater, I witnessed a beautiful example of conscious evolution, and the powerful impact one business and one singer can have on many hearts and minds.

While waiting for the main attraction to begin, a short film titled “Back to the Start” was shown.

It was a joint endeavor by Chipotle Mexican Grill and Willie Nelson, who sang “The Scientist,” for the purpose of promoting more



